



HELLENIC ORGANIZATION
FOR COMPANY SPORT & HEALTH

7th edition

E-Run for Diversity

23 September - 30 September 2026



The concept

- A connected challenge of physical and sports activities to take part in throughout the week — solo, in pairs, or with all your company colleagues.
- Encouraging physical activity in the workplace while promoting diversity in all its forms — gender, age, background, disability, and culture.
- A virtual race with a points system based on your performance and your scores in quizzes and missions.
- An event to share together, whether you're in the same office or working remotely.



OUR GOAL

Offering a dynamic, fun challenge that appeals to everyone, athletes and non-athletes alike!

The E-Run, an international challenge

**E-Run for
Diversity**

KEY FIGURES

OF THE 2025 EDITION

6th edition - E-RUN FOR DIVERSITY



NUMBER OF
PARTICIPANTS

+ 3500

KM TRAVELLED

223307,9 KM

NUMBER OF COUNTRIES

80



The challenge

A POINTS-BASED CHALLENGE

The number of steps accumulated over the duration of the challenge (from 23 September to 30 September) results in a total of points for the participant or pair of participants.

Participants can walk or run whenever and wherever they like.



The E-Run for Diversity mobile application will be available mid-September for Android and iOS and will be available in three languages: French, English and Spanish.

A detailed guide to using the application will be sent to you by e-mail a few days before the start of the challenge.

The challenge

There will be both types of challenges throughout the week:

MISSIONS

Every day, new missions will be available to spice up the week. Once completed, these missions will add bonus points to your total points (for solo and duo runners). The duration of a mission can vary, and some missions might take place simultaneously.
For example: walk as many steps as you can between 12pm and 2pm.

QUIZZES

In a fun way, participants are presented every day with new questions that might range from physical activity to diversity, or even inclusivity.

RANKINGS

Countries- Companies- Branches- Solo/Duo



Our prices

INDIVIDUAL ENTRY

15€ per people

OUR ADVANTAGE PACKAGES

10-Participant Package: 145 € (14,50 €/ppl)

30-Participant Package: 399 € (13,30 €/ppl)

100-Participant Package: 1250 € (12,50€/ppl)

1000-Participant Package: 11 000 € (11€/ppl)

2000 and more-ParticipantPackage : 20 000 €

OBJECTIVES

***TO CREATE A SENSE OF
EMULATION, TO SHARE AN
EXPERIENCE AND TO PUSH
YOUR LIMITS!***



E-Run for
Diversity

CONTACT US

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